

Take Pride In Your Care—A Care Planning Workshop!

Sunday, September 8, 2019; 1-2:30pm



The first generation to age 'out' is entering senior care right now - wading through the maze of senior housing, hiring caregivers, and making financial resources last. If this sounds familiar, we invite you to join us for a workshop to take charge of your present and future care! Whether you worry about finances, housing, who will care for you or being lonely as you age, it's time to address those concerns and find the resources you need.

This workshop is specifically geared towards people who are

- Interested in planning for their own care
- Currently caregiving for a loved one
- Curious about senior resources available in the area



THE CARE PLAN
HEALTH & AGING SERVICES ON YOUR TERMS

Facilitated by The Care Plan, together we will discuss your specific needs and make a plan together. This workshop will provide inclusive LGBTQ+ resources and coaching.

Seating is limited, RSVP to Jacqueline@the-care-plan.com.

This workshop is open to the public and free to attend.

Location: Broadway Church, 3338 N Broadway St, Chicago, IL 60657