

White Folks Guide to Protesting

If you are a white person considering joining a protest this week, here is a list of rules put together for you. Friends of color, if they have forgotten anything, please add.

- FOLLOW CALLS ONLY. Do not initiate or lead calls. Your job is to follow and add your voice when it is called for.
- DO NOT TAKE SELFIES. Ask to take pictures or videos of individuals. You are there to witness only. Film the police as much as possible. Your goal is documentation to ensure that the true narrative is told.
- BE HELPFUL. Hand out water and snacks. Make sure protest leaders are hydrated and fed. This is exhausting work, help keep their energy up.
- FOLLOW DIRECTIONS. If a black person tells you to do something, you do it immediately without question. You respect the authority and the decisions of the black protestors at all times.
- STAY IN THE BACK UNTIL YOU ARE CALLED FORWARD. If you hear “White people to the front” or “Allies to the front” step forward and link arms with other white people to form a human shield.
- WHEN YOU ARE AT THE FRONT, YOU ARE SILENT. Your job is to be a body. You are there to support only. The only voices on the police line should be black voices.
- REMAIN CALM AT ALL TIMES. This is difficult. You will be emotional and your system will be flooded with adrenaline. Remember this is life and death for the protestors. Save your emotions for home. DO NOT AGITATE.

This is not a game. Joining a protest is a serious decision. Make sure you are there for the right reason.

Support the safety of black protestors at all times.